

**Fold one legging leg** with right sides together, aligning the inseam; pin. Stitch from the hem to the crotch (1). Repeat to stitch the second leg.

**Align the leggings** crotch with right sides together; pin. To reduce bulk at the seam intersection, fold one inseam seam allowance toward the leggings back and the opposite inseam seam allowance toward the leggings front. Stitch along the curve.

**Fold the elastic in half** widthwise,

overlapping the short ends by  $\frac{1}{4}$ "; stitch along each elastic short end two times to secure. Quarter-mark the elastic waistband.

**Turn the leggings wrong side out.**

Quarter-mark the leggings at the waistline. Position the elastic over the leggings wrong side at the pattern notches and align the quarter-marks.

Stitch the elastic upper edge, stretching the elastic between the quarter-marks to match the leggings (2).



## TIP

Shorten the leggings to create a pair of shorts.

## KNIT FABRIC SOURCES

Discover online fabric stores that carry a variety of knit fabric perfect for leggings.

- Girl Charlee specializes in only knits and offers a huge selection of trendy prints and solids. [girlcharlee.com](http://girlcharlee.com)
- Blackbird Fabrics is a Canadian-based source for fashion fabrics, including a selection of high-quality knits. [blackbirdfabrics.com](http://blackbirdfabrics.com)
- EmmaOneSock has a great selection of designer knit prints. [emmaonesock.com](http://emmaonesock.com)
- Organic Cotton Plus offers a variety of organic knits in a wide array of solid colors. [organiccottonplus.com](http://organiccottonplus.com)

